



GCSC Safety Connection

February 24, 2015

15th Annual Contractor’s Safety Excellence Awards Banquet

The GCSC 15th Annual Contractor's Safety Excellence Awards Banquet will be held at the Edward A. Dufresne Community Center on the evening of Tuesday, April 28th, 2015. Attendees often express appreciation for the opportunity to be recognized and the motivation they derive to improve safety performance. Reserving seats in advance allows managers to select employees who demonstrate outstanding safety commitment and show their value as key individuals in the organization. Consider reserving a table to show support for your top safety performers. The Owner and Contractor Nomination Forms, and the Table Reservation Form is available on the GCSC website located at www.gulfcoastsafetycouncil.com. All forms must be submitted electronically.

The deadline for submission of Nomination Forms is: **February 28, 2015.**

Tuesday, April 28, 2015

6:00–7:00 PM Reception (Cash Bar)

7:00–9:00 PM Dinner and Awards Program



EDWARD A. DUFRESNE
COMMUNITY CENTER

274 Judge Edward Dufresne Pkwy | Luling, LA 70070



If you need additional information or if you have any difficulty submitting your application electronically, please contact Dixi Dufrene at 504-305-0057 or dixi@gulfcoastsafetycouncil.com.

“Be aware of what others are doing, applaud their efforts, acknowledge their successes, and encourage them in their pursuits. When we all help one another, everybody wins.”



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GCSC is now Offering a Safety Trained Supervisor (STS) Preparation Course

GCSC has partnered up with the Board of Certified Safety Professionals (BCSP) in our efforts to offer a more advanced educational opportunity for all supervisors in the work place.

BCSP is recognized as the leader in high-quality credentialing for safety, health, and environmental practitioners. BCSP establishes standards for and verifies competency in professional safety practice and evaluates certificants for compliance with recertification requirements. (BCSP also operates technician, technologist, and supervisory SH&E certifications that provide additional career paths for safety practitioners.)



GCSC is offering a preparation course for all craft Foreman/Supervisors, which will give them advanced knowledge of the safety profession and allow one to prepare themselves to become a Safety Trained Supervisor. Attending the preparation course at the GCSC facility would be the first step for a Foreman/Supervisor to achieve a credited certification from a nationally recognized organization such as a BCSP.

Once achieved it will open the door for more advanced safety training should a person desire, all the way to becoming a Certified Safety Professional (CSP).

SAFETY TRAINED SUPERVISOR

- » Provides a quality certification for work group leaders who are responsible for the safety and health of their workers
- » Is a leading indicator of safety performance
- » Has led to reductions in injuries and workers' compensation claims and has created productivity gains in participating companies



The nationally-accredited Safety Trained Supervisor® (STS) certification was developed for, and with the assistance of, professionals in general industry as well as those working in construction.

STS candidates are mainly managers, supervisors, safety committee members, foreman, crew chiefs, superintendents, safety officers/administrators and others who are responsible for the safety of their work groups.

By gaining certification, you prove your commitment to self-improvement and continued safety learning. It benefits employers by ensuring a high level of safety in their business culture, reducing liability costs and improving company reputation.

Register Today!

**Course Date:
March 28, 2015**



FIRST AND FOREMOST

The path to the above credentials begins with the preparation course currently being offered by GCSC. Here at GCSC we recognize that as a foreman/supervisor each of you have gained and understand many aspects of the safety responsibilities. This course will teach you more advanced technical safety information, as well as review the basics of day to day accountabilities that each of your companies require of a foreman/supervisor, from a safety stand point. In addition, it should educate you enough to move to the next level and then of course taking and passing the STS exam. Once that occurs you will immediately become a STS! GCSC Representative will offer attendees of the preparation course, guidance to the next step of scheduling, and taking the STS exam. In addition, GCSC will share any and all pertinent information pertaining to this topic either verbally or with handouts prior, during, or after to attendees taking the preparation course. Our goal is to assist each of you in your efforts to obtaining a formal credited education to becoming the best that you can be as a leader in the work place. Remember **YOU** were chosen to lead and set examples and **YOU** are accountable for the safe and well-being of others each and every day!



QUALIFICATIONS TO BECOMING A SAFETY TRAINED SUPERVISOR

Candidates/Attendees for the STS preparation course that qualify for the certification's examination must meet a wide range of education and experience combinations, listed below:

- » You must have completed 30 hours of formal safety training through a single course or multiple training courses. (safety meetings/BOP & BOP refreshers/all site specifics/safety seminars /company safety training etc. **all count towards the 30 required hours**)
- » You must have two years experience or 4,000 hours experience in any industry related to one of the two STS examination types. Construction or General Industry including Turnarounds and Specialty Projects
- » You must have one year of experience as a supervisor or safety leader of a work group (i.e. manager, foreman, crew chief, superintendent, or safety committee member). The candidate still qualifies if this experience was gained at the same time the experience in the second requirement was gained.

Our first preparation course will be scheduled for **Saturday, March 28, 2015. The class will be 8 hours, including a sample test at it's conclusion. Information and registration will be available on our website. A class must have a minimum of 20 attendees to occur. The cost will be \$199.99 and will include lunch with drinks. You must sign up to attend at www.gulfcoastsafetycouncil.com or contact Taxi Seneca at 504-469-7787 ext. 217 or 225-485-3704 for further guidance or questions.**

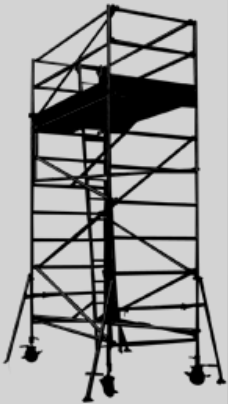
Each attendee will receive a GCSC attendance certificate and that information will be published in the GCSC quarterly newsletter upon completion. There are personal and business benefits for attending and completing the process such as:

- » Formal education from a credited organizations (BCSP/ GCSC)
- » Advantage for advancement in chosen profession
- » Evaluation by company you work for
- » Ownership and pride for safety of your workers
- » Assisting your company with a professional work force
- » Solving safety concerns on your own instead of having to call a Safety Supervisor
- » Being able to attach STS to your signature when sending e-mails or documents



GCSC offers specialty training such as:

- » Fork/Aerial Lift
- » Scaffold User
- » GHS
- » Confined Space
- » Flagger/Spotter
- » Crane Hand Signals
- » Fall Protection
- » Powersafe



GCSC Recognizes Turnaround Season is Here!

Plant turnaround safety is the big thing that should be the first consideration when turnaround work is planned. Without involving the safety factor in the planning stage, turnaround goals will never be achieved.

In a turnaround a lot of work is done at the same time by large numbers of people with various kinds of behaviors and skills. Those different types of work activities have different potential safety hazards. One work activity along with another work activity, form a sequence of activities that can potentially affect each other.

So, it is essential to put serious efforts into plant turnaround safety. Day by day such efforts should be improved continuously since every turnaround deals with different situations even though there will be some of the same work activities in the schedule.

Changing of the person in charge, equipment lifetime, new equipment installation and new chemical usage are some factors that can influence plant turnaround safety. Such things commonly happened in periodic plant maintenance programs.

Plant Turnaround Safety Tips

Tip #1 Provide enough time for preparation.

Ideally, you have started your preparation work at least 4 months before the turnaround. Yes, 4 months. More than 4 months is highly recommended. Why? Because, for example, you may need to purchase a new oxygen detector if yours is broken. Consider the required delivery time for the worst case scenario.

Check all of your safety tools, equipment and apparatus during the preparation phase and make sure nothing is missed. Having a turnaround checklist is highly recommended. It will make the turnaround preparation phase easier.

Tip #2 Understand the plant shut down date.

You may have a limited amount of time to do process safety activities just after the plant shut down, but before turnaround work activities start. Do your best to reduce as many potential hazards (chemical, physical, biological and others hazards) during the shutdown process. Reduce them to an acceptable level.

Review the turnaround schedule to understand which equipment will be opened and have maintenance work scheduled. Ensure that no high temperatures, high pressure nor hazardous chemical is left inside of the equipment.

Tip #3 Schedule the safest work sequences.

Safe work cannot be achieved except through good planning and coordination among departments. Never allow hot work to be done at the same time or in close proximity to work that involves flammable material. Plan the most acceptable work sequences from the stand point of safety and productivity.

Tip #4 Educate and Re-educate all employees about safety during a turnaround.

Turnarounds are done frequently and in many cases more than once a year. Even once a year is enough for people to forget about safety precautions during turnaround activities. Employees need to be reminded about plant turnaround safety.

Also, Include emergency response procedures in the education topic.

Tip #5 Don't forget to educate contractors, project workers and guests about safety in the plant.

During the turnaround, outside resources are commonly involved for special works like compressor

overhaul, instrument calibration, and new piping installation.

Those people should be informed about your plant, especially potential hazards, safety procedures, organization structure and communication hierarchy.

Tip #6 Emergency Response Planning

It may be necessary to communicate with the plant emergency response personnel to properly plan and prepare for the turnaround activity. The turnaround may require that additional personnel, additional equipment, or other emergency response resources are brought on site for the duration of the turnaround.

Tip #7 Communicate safety intensively and extensively during the turnaround.

Provide special safety slogans, safety talk messages and safety banners for the duration of the turnaround. Encourage all people in the plant to share the same feeling and spirit about the importance of turnaround safety.



Employee Spotlight

Name: Kenny Grayson

Position: Director of Engineering

Describe some of your responsibilities: Systems engineer and application developer. Basically I work on the technology related components and the software that runs the backbone of the company. Usually I don't have to do anything except watch funny YouTube videos all day but when the GCSC world crumbles, they make me earn my money.

How long have you been with GCSC? 1 VERY LONG year.

What is your favorite GCSC event & why? The best event is family day at the zoo. It is my favorite because you can show up late, eat a ton of food and enjoy the zoo and I don't have to think at all that day.

Favorite activities/things to do when you're not working? I try to make it a point to not be the normal IT guy that everybody thinks about. When I am not working, I am going mud riding, fishing, or working on any outdoor project that I should never try to do.

Favorite Restaurant: I don't really have a favorite restaurant. I am willing to eat almost anything.

Favorite Food: Any food that is served at my favorite restaurant.

Favorite Movie: I think I have something wrong with me when it comes to movies. I don't have a favorite and that is because every time I sit to watch a movie, I fall asleep.

Favorite Holiday: I like all holidays that involve getting off of work! If I had to pick one, it would be Thanksgiving. I love to eat and relax.

Favorite Song: I probably shouldn't say what my favorite song is. I really like very inappropriate music.

Best Vacation Spot: Alaska. I'm not a big fan of the cold but Alaska is a nice place to visit.

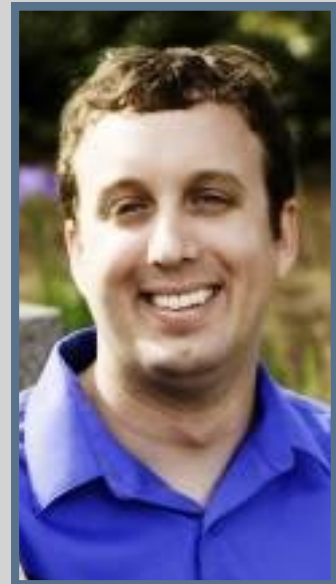
Three words to best describe you: I. Don't. Care.

If you won the lottery, what is the first thing you would buy? The biggest bull dozer I could afford!

Something most people would not know about you: My entire career is fixing problems and building things for others. What most people don't know about me is I would love to take the bull dozer I bought with the lottery money and push things over. I would not think, just break things.

Who/What inspires you? I don't really have an individual that inspires me, but Google does inspire me on fixing a lot of problems.

Favorite Quote: Yoda: "Do or do not. There is no try."



2015 GCSC Closure Schedule:

Jan 1st — New Year's Day
Jan 19th — Martin Luther King Day
Feb 17th — Mardi Gras
Apr 3rd — Good Friday
May 25th — Memorial Day
Jul 3rd — Independence Day
Sep 7th — Labor Day
TBA — GCSC Golf Tournament
Nov 26th — Thanksgiving Day
Nov 27th — Thanksgiving
Dec 24th — Christmas Eve
Dec 25th — Christmas Day

Due to our 15th Annual Contractor's Safety Excellence Awards Banquet, our St. Rose location class schedules for Tuesday, April 28, 2015 will be as follows:

Basic Plus:

- » Check-in will start at 5:30am
- » Class will start at 6:00am
- » No CBT courses after Basic Plus

Computer Based Training:

- » Check-in will be from 6:00am – 9:00am
- » Trainee must be completed by 12:00pm



CORPORATE:

170 James Drive East • St. Rose, LA 70087
Phone: 504.469.7787 • Fax: 504.469.7588

BILOXI:

920 Cedar Lake Rd., Suite C2 • Biloxi, MS 39532
Phone: 228.396.1645 • Fax: 228.354.8574